

DATE	EVENT	TIME	LOCATION	PRICE
Mon 2nd				
Tue 3rd	WiSErcise	10.00am-11.00am	Boston Spa Village Hall - Lantern Room	£3 including refreshments
Wed 4th	Move & Groove	1.00pm-2.30pm	Walton Village Hall	£3 including refreshments
Thur 5th	Chairobics Aerobics	10.30am-11.15am 11.30am-12.15pm	The Engine Shed, Wetherby	£3 for one class, or add an extra £1 to do both classes. Includes refreshments
	Knit, Natter Craft & Chatter Glass Painted Vases	10.30am-12.30pm	Boston Spa Village Hall - Meeting Room	£3 including refreshments
Fri 6th	Line Dancing	10.15am-12.00pm	St Joseph's Church Hall, Westgate, Wetherby	£3 including refreshments
Mon 9th	Walton Village Hall Coffee Morning	10.00am-12.00pm	Walton Village Hall	
Tue 10th	WiSErcise	10.00am-11.00am	Boston Spa Village Hall - Lantern Room	£3 including refreshments
Wed 11th	Move & Groove	1.00pm-2.30pm	Walton Village Hall	£3 including refreshments
	Wise Warblers	10.00am-11.30am	Walton Village Hall	£3 including refreshments
Thu 12th	Chairobics Aerobics	10.30am-11.15am 11.30am-12.15pm	The Engine Shed, Wetherby	£3 for one class, or add an extra £1 to do both classes. Includes refreshments
	Knit, Natter, Craft & Chatter Felt Flower Brooches	10.30am-12.30pm	Boston Spa Village Hall - Meeting Room	£3 including refreshments
Fri 13th	Line Dancing	10.15am-12.00pm	St Joseph's Church Hall, Westgate, Wetherby	£3 including refreshments
Sat 14th				
Sun 15th	DON'T MISS OUT! Motown and Soul meets Elvis!	7.30pm-11.00pm Doors open: 7.00pm Show starts: 7.30pm	The Engine Shed, Wetherby	£15 per person which includes a light supper. BOOKING REQUIRED - SEE OVERLEAF
Mon 16th				
Tue 17th	WiSErcise	10.00am-11.00am	Boston Spa Village Hall - Lantern Room	£3 including refreshments
Wed 18th	Elderberries with Richard Stirland	1.30pm-3.30pm	St Joseph's Church, Wetherby	£3 including refreshments
	Move & Groove	1.00pm-2.30pm	Walton Village Hall	£3 including refreshments
Thur 19th	Chairobics Aerobics	10.30am-11.15am 11.30am-12.15pm	The Engine Shed, Wetherby	£3 for one class, or add an extra £1 to do both classes. Includes refreshments
	Knit, Natter, Craft & Chatter Fairy Doors	10.30am-12.30pm	Boston Spa Village Hall - Lantern Room	£3 including refreshments
	Home Instead Older Person's Day	10.30am-2.00pm	Wetherby Town Hall	Free entry and refreshments
Fri 20th	Line Dancing	10.15am-12.00pm	St Joseph's Church Hall, Westgate, Wetherby	£3 including refreshments
Mon 23rd				
Tue 24th	WiSErcise	10.00am-11.00am	Boston Spa Village Hall - Lantern Room	£3 including refreshments
Wed 25th	Move & Groove	1.00pm-2.30pm	Walton Village Hall, School Lane	£3 including refreshments
Thur 26th	Chairobics Aerobics	10.30am-11.15am 11.30am-12.15pm	The Engine Shed, Wetherby	£3 for one class, or add an extra £1 to do both classes. Includes refreshments
	Knit, Natter Craft & Chatter Jubilee Crafts	10.30am-12.30pm	Boston Spa Village Hall - Lantern Room	£3 including refreshments
Fri 27th	Line Dancing	10.15am-12.00pm	St Joseph's Church Hall, Westgate Wetherby	£3 including refreshments
Mon 30th	Jubilee Afternoon Tea with Emma James	1.30pm-3.30pm	Boston Spa Village Hall - Main Hall	Tickets £5 - BOOKING REQUIRED - SEE OVERLEAF
Tue 31st	WiSErcise	10.00am-11.00am	Boston Spa Village Hall - Lantern Room	£3 including refreshments



We look forward to welcoming you to our activities. Please help us deliver our services to the best of our ability and only arrive at our venues no more than 15 minutes before the event start time. If you are able to bring the correct change with you that would be a great help, too!

WiSErcise, our gentle chair-based exercise class, is held every Tuesday. Our instructors are Heather from Home Instead or Kat from Funky Jives. The class runs from 10.00am-11.00am at Boston Spa Village Hall. Please note that the class will now be held in the Lantern Room, and there is a small price increase to £3 which includes refreshments.

Chairobics and Aerobics is held every Thursday at The Engine Shed, Wetherby. Chairobics runs from 10.30am-11.15am, or Aerobics from 11.30am-12.15pm. Please note there is a small price increase to £3 per class, or add an extra £1 to do both classes. With special thanks to our instructors Heather and Kat.

Our popular **Line Dancing** class with Julie takes place every Friday from 10.15am-12.00pm at St Joseph's Church, Wetherby. £3 including refreshments.

Get on your dancing shoes! **Move & Groove** is a fun, informal dance based exercise class with Kat, which is held at Walton Village Hall, every Wednesday between 1pm-2.30pm.

Knit, Natter, Craft & Chatter is at Boston Spa Village Hall, every Thursday between 10.30am-12.30pm. The session includes knitting alongside weekly themed crafts – see the schedule for details. £3 including refreshments. People are welcome to bring along their current craft projects.

We have a new act for **May Elderberries!** Singer and Guitarist Richard Stirland will perform classic love songs and rock n' roll at St Joseph's Church in Wetherby, on Wednesday 18th May at 1.30pm-3.30pm. Entry costs £3 per person, which includes refreshments.

WiSE Warblers, is our monthly singing group at Walton Village Hall. Join Liz and Reggie from Singtasia on Wednesday 11th May for an informal singalong. 10am-11.30am. £3 including refreshments.

Join us for a **Jubilee Afternoon Tea** with entertainment from singer Emma James! The event will celebrate the Queen's Platinum Jubilee and costs £5 per ticket which is non-refundable and must be purchased in advance from Debbie at our events, or by phoning 01937 588994.

The **Home Instead Companionship Café** is on Tuesday 3rd May from 2pm-4pm at St James Church, Wetherby and costs £3. To book, phone Home Instead on 01937 220510. Home Instead are also hosting their **Older People's Day** on Thursday 19th May between 10.30am-2.00pm at Wetherby Town Hall. Free entry and refreshments. WiSE has a stand –we hope to see you there!

Coffee Mornings

Walton Village Hall Coffee Morning

is on Monday 9th May from 10am-12pm.

Wetherby Methodist Church Coffee Morning

is every Wednesday from 10.00am - 12.00pm.

Thorner Coffee Morning is every Thursday, between 10.00am-12.00pm, at Thorner Bungalow.

Bramham Community Coffee Morning on the 1st Wednesday of the month (4th May) from 10.00am-11.30am, at Bramham Village Hall Church Hill.

Tickets available NOW for our sensational tribute show with Daddy Cool and Elvis!

There is still time to get your tickets to an event with a difference!

The fabulous Peter Binns will take us from Motown to Elvis, as we aim to raise funds to further enhance our work.

The event - which is open to all adults, not just the over 60s, will take place on Sunday 15th May from 7.30pm, at The Engine Shed, Wetherby. Doors open at 7.00pm. Show starts at 7.30pm.

It costs £15 per person which includes a light supper. Drinks can be purchased from the bar for an additional cost.

Tickets are available at WiSE activities, the WiSE Owl Cafe, The Engine Shed, or by phoning 01937 588994.

The WiSE Owl Café at
Boston Spa Village Hall is open
9.00am-3.00pm Tuesday to Thursday.



Delicious breakfast / brunch choices. We use local butchers and suppliers for our produce. Free parking at the rear of the village hall. FREE WIFI inside.

Everyone is welcome. We are pushchair and wheelchair friendly. Our friendly staff and volunteers look forward to welcoming you.

Don't forget you can book transport to take you to our WiSE activities.

For more details, to register or to book contact Jo on **01937 222066** or via email **transport@w-ise.org.uk**

WiSE is a Charity Commission Registered Charitable Incorporated Organisation (CIO Foundation) No. 1163698.

Email: activities@w-ise.org.uk Tel: 01937 588994